

2022



HEALTH PREMIUM DISCOUNT PLAN

WMCHHealth is pleased to continue to offer the health premium monthly discount for eligible employees enrolled in the annual health care coverage plan. The Health Premium Discount Plan is a benefit offered to the workforce to promote health and wellness. For 2022, we are offering two options to receive the Health Premium Discount.

Option 1:

Sign the online Health Premium Discount Opt-In form by June 30, 2022 and visit any doctor to have a well-visit or annual physical.

Sign the Health Premium Discount Opt-In Form:
<https://wmchealth.tfaforms.net/194>

Once you sign, complete your well-visit or annual physical by September 30, 2022. You can visit your own doctor or general practitioner. If you don't have a doctor, you can visit one of WMCHHealth's Home Host providers.

Scan here to sign Health
Premium Discount Opt-In Form



Option 2:

Complete the **Aetna Health Risk Assessment** online by September 30, 2022

1. Log in to your secure member website at www.aetna.com New to the site? Just click "Register."
2. Click on "Health & Wellness."
3. Click "Explore Resources" under Discover a Healthier You.
4. Scroll over to "My Health" and click on "Health Assessment."

You can easily finish in one sitting. But you can always come back later. We'll save your answers.

* Additionally, the Attain Program by Aetna is being offered as a benefit to our workforce members who want to access the program. This is a completely voluntary, additional benefit for our workforce members who want to participate in Attain.

** If you have already signed up for Attain, you can continue with the program for the 2022 Health Premium Discount

If you still have outstanding questions, please contact
TotalRewardsHelp@WMCHHealth.org or 914-493-7144