

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.** This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact the plan administrator. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.HealthReformPlanSBC.com](http://www.HealthReformPlanSBC.com) or call 1-888-982-3862 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall medical <a href="#">deductible</a> ?	<b>Individual / Family</b> by Network: Home Host In-network: <b>\$0 / \$0</b> Regional In-network: <b>\$500 / \$1,000</b> Out-of-network: <b>\$1,250 / \$2,500</b>	You are responsible for allowed costs up to the <a href="#">deductible</a> for those medical services subject to the deductible. Check your plan to see when the <a href="#">deductible</a> applies and note that the deductible starts over each January 1 of the calendar year. See the chart starting on page 2 for how much you pay for covered services and when the deductible applies. Please note that certain services requiring a copay per visit or per procedure are not subject to the deductible.
Are there services covered before you meet your medical <a href="#">deductible</a> ?	Services subject to copays are covered prior to the deductible.	This means that for services listed with a copay the deductible does not apply.
Are there any other <a href="#">deductibles</a> for specific services?	No.	You must pay costs for covered medical services up to the specific <a href="#">deductible</a> amount before this plan begins to pay for those services subject to the <a href="#">deductible</a> .
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>Medical Services by Network and Individual / Family:</b> Home Host In-network: <b>None</b> Regional In-network: <b>\$2,000 / \$4,000</b> Out-of-network: <b>\$7,000 / \$14,000</b> <b>Prescription Drug Benefits:</b> <b>\$1,500 / \$3,000</b>	The <a href="#">out-of-pocket limit</a> for medical services is the most you pay in a year for medical services subject to the deductible. Medical services in the Aetna regional network are subject to a <a href="#">deductible</a> of \$500/\$1,000 and 10% coinsurance, with a medical <a href="#">out-of-pocket limit</a> of \$2,000 per individual up to \$4,000 family. If you choose out-of-network providers, the <a href="#">out-of-pocket limit</a> is \$7,000/\$14,000. Rx benefits provide a separate out-of-pocket maximum. A combined out-of-pocket limit of \$7,100 individual/\$14,200 family applies for your 2023 cost sharing across in-network medical and Rx coverage, in accordance with the Affordable Care Act.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Premiums, copayments, balance-billed charges, penalties for failure to obtain pre-authorization, and care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> . However, for the combined out-of-pocket limit, in-network deductibles, in-network copays and any Rx copays or coinsurance are counted, in accordance with the Affordable Care Act.
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. For a list of in-network and designated <a href="#">providers</a> , see <a href="http://www.Aetna.com">www.Aetna.com</a> or call 1-888-982-3862.	If you use an in-network doctor, designated specialist or other health care <a href="#">provider</a> , this plan will pay some or all costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <a href="#">provider</a> for some services. Plans use the term in-network, <a href="#">preferred</a> , or participating for <a href="#">providers</a> in their <a href="#">network</a> .
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without permission from this plan.

\*For eligible WMC Non-rep, APS, NPS, CSEA, NYSNA/CIR non-grandfathered participants as per plan document.



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies. No deductible applies to copays.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$10 copay per visit	\$15 copay per visit	30% coinsurance after deductible	Teladoc® is also available 24/7 at a \$5 copay per visit.
	<a href="#">Specialist</a> visit	\$10 copay per visit	\$30 copay per visit	30% coinsurance after deductible	Specialist visits include speech therapy, physical therapy, occupational therapy, and spinal therapy, but at the home host network, no charges apply.
	<a href="#">Preventive care/screening/</a> Immunization	No charge	No charge	30% coinsurance after deductible for those services covered (subject to Limitations & Exceptions)	Out-Of-Network limited to \$100 per calendar year for routine Adult physical exam. No coverage for Out-Of-Network screenings other than mammogram. Certain other Women's Health Services only covered In-network. Age and frequency schedules apply.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No charge	\$15 copay per procedure	30% coinsurance after deductible	If procedure provided at physician's office as part of visit, no additional copays.
	Imaging (CT/PET scans, MRIs)	No charge	10% coinsurance after deductible	30% coinsurance after deductible	If procedure provided at physician's office as part of visit, no additional copays.
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.aetna.com/pharmacy-insurance/individual">www.aetna.com/pharmacy-insurance/individual</a>	Generic drugs	Retail: \$0 copay preventive; \$5 copay per script otherwise Mail Order: \$0 copay per script via Aetna Rx Home Delivery or at a CVS pharmacy		Not Covered	Retail scripts filled up to a 30 day supply; Mail Order or Maintenance Rx at a CVS pharmacy up to 90 days. If you request a brand-name when a generic is available, you pay the copay plus the price difference between generic and brand. After 3 fills of maintenance drugs at retail, you are required to fill a 90-day supply at CVS Rx Home Delivery or a CVS pharmacy, or pay 50% coinsurance. This applies to women's contraceptives too. <b>Your Rx plan has an</b>
	Brand drugs	Retail: 20% coinsurance (\$7 min per script) Mail Order: 15% (\$7 min per script) via Aetna Rx Home Delivery or at CVS		Not Covered	
	<a href="#">Specialty drugs</a>	15% coinsurance unless Prudent Rx applies; If Specialty drug is offered through Prudent Rx: no coinsurance if you enroll and 30% if you do not enroll		Not Covered	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
<a href="#">Is-families</a>	Contraceptives and Preventive Generics per USPSTF List	Retail and Mail Order: \$0 copay		Not Covered	<b>annual out-of-pocket maximum of \$1,500 per person / \$3,000 per family.</b>
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	No charge	10% coinsurance after deductible	30% coinsurance after deductible	The members cost sharing applies to all covered benefits incurred during the outpatient visit.
	Physician/surgeon fees	No charge	10% coinsurance after deductible	30% coinsurance after deductible	The members cost sharing applies to all covered benefits incurred during the outpatient visit.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$25 copay per visit	\$100 copay per visit	\$100 copay per visit	Non-emergency use applies 30% coinsurance outside of Home Host.
	<a href="#">Emergency medical transportation</a>	No charge	No charge	No charge	————— None —————
	<a href="#">Urgent care</a>	\$10 copay per visit	\$40 copay per visit	30% coinsurance after deductible	————— None —————
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
	Physician/surgeon fees	No charge	10% coinsurance after deductible	30% coinsurance after deductible	————— None —————
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient Services	No charge	\$15 copay per visit	30% coinsurance after deductible	————— None —————
	Inpatient Services	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
<b>If you are pregnant</b>	Office visits	\$10 copay; No charge preventive care	\$30 copay; No charge preventive care	30% coinsurance after deductible	Cost sharing does not apply to certain preventive services if home host or in-network. If other outpatient services are

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery professional services	No charge	10% coinsurance after deductible	30% coinsurance after deductible	needed, coinsurance or copay may apply.
	Childbirth/delivery facility services	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Coinsurance for hospital is separate and additional.
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Pre-authorization is required for out-of-network care. Limited to 100 visits per calendar year.
	<a href="#">Rehabilitation services</a>	No charge	\$30 copay per visit	30% coinsurance after deductible	Coverage is limited to 60 visits per calendar year for physical, occupational, speech, and chiropractic services related to medical impairment being treated.
	<a href="#">Habilitation services</a>	No charge	\$30 copay per visit	30% coinsurance after deductible	————— None —————
	<a href="#">Skilled nursing care</a>	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained. If Medicare is primary, coverage is not available even if Medicare benefits are exhausted. Limited to 60 days per year.
	<a href="#">Durable medical equipment</a>	No charge	10% coinsurance after deductible	30% coinsurance after deductible	————— None —————
	<a href="#">Hospice services</a>	No charge	10% coinsurance after deductible	30% coinsurance after deductible	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
<b>If your child needs dental or eye care</b>	Children's eye exam	Not covered	Not covered	Not covered	Not covered
	Children's glasses	Not covered	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered	Not covered

## Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <a href="#">excluded services</a> .)		
• Acupuncture	• Long-term care	• Weight loss programs
• Cosmetic surgery	• Non-emergency care when traveling outside the U.S.	• Out-of-network services with Cancer Centers of America
• Dental care (Adult & Child)	• Routine eye care (Adult) & glasses (Child)	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
• Bariatric Services subject to Aetna Clinical Management Guidelines	• Hearing aid reimbursement limited to \$150 every 36 months	• Private-duty nursing
• Chiropractic care combined with short term rehabilitation	• Infertility Treatment - Diagnosis & Treatment of underlying medical condition. Also includes Artificial Insemination, Ovulation Induction, and Advanced Reproductive Technology	
• Orthotics, up to \$1,000 maximum per lifetime		

**Your Rights to Continue Coverage:** If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-872-3862. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

### Does this plan provide Minimum Essential Coverage? **Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? **Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

## Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-982-3862.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-982-3862.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-982-3862.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-982-3862.]

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————



## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery **at Regional In-Network**)

■ The <u>plan's overall deductible</u>	\$500
■ <u>Specialist copay</u>	\$30
■ Hospital (facility) <i>coinsurance</i>	10%
■ Other <i>copay</i>	None

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
---------------------------	-----------------

#### In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$40
Coinsurance (Regional Network)	\$800
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$1,400</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition **within Home Host network**)

■ The <u>plan's overall deductible</u>	\$0
■ <u>Specialist copay</u>	\$10
■ Hospital (facility) <i>coinsurance</i>	0%
■ Other <i>copay</i>	\$15

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
---------------------------	----------------

#### In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$810
Coinsurance (Home Host)	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$830</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care **within Home Host network**)

■ The <u>plan's overall deductible</u>	\$0
■ <u>Specialist copay</u>	\$10
■ Hospital (ER facility) <i>copay</i>	\$25
■ Generic Drug Retail <i>copay</i>	\$5

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
---------------------------	----------------

#### In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$50
Coinsurance (Home Host)	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$50</b>