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# UNITED WE MOVE.

## WE'RE BRINGING THE GYM TO YOU

### **Planet Fitness**

Regardless of whether you're a member of the gym, will be hosting a series of free fitness classes dubbed "Home Work-Ins", streaming live on its Facebook page every day. Tune in at 7 p.m. EST for a 20-minute class led by Planet Fitness –certified trainers, including special guests like The Biggest Loser coach, Erica Lugo.

<https://www.planetfitness.com/>

If you can't participate in any of the live classes, no sweat: All of the workouts will be made available on Planet Fitness's Facebook page and its YouTube Channel once the broadcast is over.